



CHEAM SKATING CLUB

January 05, 2026 – March 13, 2026

Monday Coliseum (Primary Rink)	Wednesday SSC (Rink 2)	Friday SSC (Rink 1)
Jr. Academy <i>On Ice</i> 5:45-6:30 <i>Off Ice</i> 6:45-7:15	Jr. Academy <i>On Ice</i> 3:45-4:30 <i>Off Ice</i> 4:45-5:15	Jr. Academy <i>On Ice</i> 3:45-4:30 <i>Off Ice</i> 4:45-5:15
No Skating Feb 16		No Skating Jan 23

Program Information:

Skaters in Jr. Academy are required to skate 2 days per week and have the option of skating 3 days per week. Skating days are packaged as [Monday and Wednesday], [Monday and Friday], [Wednesday and Friday] and [Monday, Wednesday and Friday].

Each day of programming includes a 45 minute on ice session and a 30 minute off ice session.

Dress Code:

Skaters in Jr. Academy are required to wear form fitted clothing and have long hair tied back. Skaters may wear leggings or a skating skirt/dress and a yoga style jacket. Hoods, jeans, baggy and large bulky clothing are not permitted. Skaters are required to wear a CSA Approved Hockey Helmet.