



# **CHEAM SKATING CLUB**

**March 30, 2026 – June 12, 2026**

<b>Monday</b> SSC (Rink 2)	<b>Wednesday</b> SSC (Rink 2)	<b>Friday</b> SSC (Rink 2)
<b>Jr. Academy</b> <i>Off Ice</i> 4:30-5:00 <i>On Ice</i> 5:15-6:00	<b>Jr. Academy</b> <i>On Ice</i> 3:45-4:30 <i>Off Ice</i> 4:45-5:15	<b>Jr. Academy</b> <i>On Ice</i> 3:45-4:30 <i>Off Ice</i> 4:45-5:15
<b>No Skating May 18</b>	<b>No Skating April 15</b>	<b>No Skating April 03</b>

**Modifications:**

**Monday March 30** – Off Ice: 4:15-4:45pm, On Ice 5:00-5:45pm

**Program Information:**

Skaters in Jr. Academy are required to skate 2 days per week and have the option of skating 3 days per week. Skating days are packaged as [Monday and Wednesday], [Monday and Friday], [Wednesday and Friday] and [Monday, Wednesday and Friday].

Each day of programming includes a 45 minute on ice session and a 30 minute off ice session.

**Dress Code:**

Skaters in Jr. Academy are required to wear form fitted clothing and have long hair tied back. Skaters may wear leggings or a skating skirt/dress and a yoga style jacket. Hoods, jeans, baggy and large bulky clothing are not permitted. Skaters are required to wear a CSA Approved Hockey Helmet.