



CHEAM SKATING CLUB

September 9th 2019 – March 14th 2020

<u>Monday</u> Prospera Center Main Ice	<u>Tuesday</u> SSC#2	<u>Wednesday</u> SSC#2	<u>Thursday</u> SSC#2	<u>Friday</u> SSC#2	<u>Saturday</u> SSC#2
STAR 1 3:30 - 4:00 OFF ICE 4:15-5:15 ON ICE \$785 *MANDATORY	HOCKEY SKILLS 6:15AM-7:15AM \$525	STAR 1/2 3:45-5:15 \$925	JR. ACADEMY 2 OF 2 3:45 – 4:30 ON ICE 4:45 – 5:15 OFF ICE No Dryland Nov. 7, Jan 9 & 23, Feb 20	STAR 1/2 3:30 – 4:30 \$525	STAR 1/2 8:30-9:45 \$725
STAR 2 4:15 – 5:00 OFF ICE 5:15-6:30 ON ICE \$940 *MANDATORY	PRE-CANSKATE 11am-11:30am or 11:30am- noon \$160 (SEPT 10-OCT 29) \$140 (NOV 5-DEC 17) \$200 (JAN 7-MAR 10)	FLOOD 5:15-5:30	CANSKATE 4:30 - 5:15 \$360.00 Full Season(24) \$224.00 Fall Session(14) \$160.00 Winter Session(10)	STAR 3+ 4:30 - 5:30 \$525	OPEN** 10:00 – 11:30 \$24.50/SESSION *COACHING NOT INCLUDED.
FLOOD 6:30-6:45	JR. ACADEMY 1 OF 2 3:45 - 4:45 ON ICE 5:00 - 5:30 OFF ICE \$1015	CANSKATE 5:30-6:15 \$375.00 Full Season(25) \$240.00 Fall Session(15) \$160.00 Winter Session(10)	FLOOD 5:15 – 5:30	DRYLAND TRAINING 5:45-6:30 \$115 *NO DRYLAND OCT 11 & 18, NOV 8, Jan 10 & 24, Feb 21	**PLEASE SPEAK TO YOUR COACH BEFORE SIGNING UP.
STAR 3+ 6:45 – 8:15 \$925	DRY LAND TRAINING STAR 3+ 3:45-4:30 \$150 STAR 1/2 6:30-7:15 \$138* *no dryland Oct. 1 & 8 for STAR 1/2 only	STAR 3+ 6:15 – 7:45 \$925	STAR 2 5:30 – 6:30 \$630		<u>NO SKATING</u> OCT. 19 NOV. 9 JAN 11: OPEN CANCELLED STAR 1/2 10AM @ R#3
	CANSKATE 4:45 - 5:30 \$375.00 Full Season(25) \$240.00 Fall Session(15) \$160.00 Winter Session(10)	DRY LAND TRAINING STAR 1/2 5:30-6:15 STAR 3+ 4:30-5:15 \$138 No Dryland Jan 8 & 22	STAR 3+ 5:45-6:15 OFF ICE 6:30-7:45 ON ICE \$720 *MANDATORY	<u>MOVED TO #3</u> October 18 th January 10 th January 24 th February 21 ST	JAN 25: OPEN CANCELLED STAR 1/2 10AM @ R#3 FEB 22: OPEN CANCELLED STAR 1/2 10AM @ R#3
	SKATER DEVELOPMENT 5:30 – 6:15 \$350 *MANDATORY		<u>NO SKATING: OCT. 17</u> <u>NO DRYLAND: Nov 7, Jan 9</u> <u>& 23, Feb 20</u> JAN. 9 MOVED TO R#3 JAN. 23 MOVED TO R#3		

*PLEASE NOTE MANDATORY SESSIONS. ALL STARS ARE TO DO AT LEAST TWO DRYLAND SESSIONS; ONE IS ALREADY INCLUDED IN YOUR MANDATORY SESSION.

SATURDAY OPEN SESSIONS ARE FOR SENIOR/ADULT SKATER OR BY INVITATION ONLY AS THIS SESSION WILL BE USED FOR PROGRAM PRACTICE AND JUMPING. IF UNSURE PLEASE SPEAK TO YOUR COACH*